

# YRAA INDOOR TRACK & FIELD MEET

Wednesday, April 15<sup>th</sup> 2026

Toronto Track and Field Centre (231 Ian MacDonald Blvd, Toronto)

COACHES REMINDERS			
8:45am - 9:10am	Registration: coaches to pick up packages <i>Payment: costs to be split amongst participating schools (YRAA to centrally bill)</i>		
9:15am	Coaches Meeting (by Registration Table) <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>- schedule, athlete check in</li> <li>- coaching duties</li> <li>- jumps / throws reminders</li> </ul> </td> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>- 300m heats (4 point start; fill lanes)</li> <li>- Relay exchange zones</li> <li>- stay clear of photo finish / cameras</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>- schedule, athlete check in</li> <li>- coaching duties</li> <li>- jumps / throws reminders</li> </ul>	<ul style="list-style-type: none"> <li>- 300m heats (4 point start; fill lanes)</li> <li>- Relay exchange zones</li> <li>- stay clear of photo finish / cameras</li> </ul>
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**NOTE: A REVISED SCHEDULE WILL BE POSTED / SHARED AFTER ENTRIES ARE CLOSED**

TRACK EVENTS: SPRINT STRAIGHT		
<i>All sprint events will run NG, NB, JG, JB, SG, SB (except Hurdles)</i>		
9:45am	60mH	Timed Finals <i>HURDLES WILL GO IN THE ORDER OF NG, JG, SG, NB, JB, SB</i>
10:45 am	60m	Heats
12:30 pm	60m Finals	16 times advance to A & B finals

TRACK EVENTS: OVAL		
<i>All oval track events will run NG, NB, JG, JB, SG, SB</i>		
9:45am	300m	Timed Finals
12:00pm	1000m	Timed Finals
1:30pm	4 X 200m Relay	Timed Finals

FIELD EVENTS					
9:40am	NG- LJ	NB- HJ	JB- SP	SG- TJ	
10:25am	JG- LJ	NG- HJ	NB- SP	JB- TJ	NG / JG / SG- PV
11:20am	JB- LJ	SB- HJ	JG- SP	SB- TJ	SB- PV
12:15pm	SB- LJ	JG- HJ	SG- SP	NB- TJ	NB / JB- PV
1:10pm	NB- LJ	SG- HJ	SB- SP	NG- TJ	
2:05pm	SG- LJ	JB- HJ	NG- SP/ Para	JG- TJ	

<http://www.trackdatabase.com/>

Meet Name: YRAA Indoor Championships  
Meet Code: **ZL9GB**  
Meet Date: Apr 15, 2026

Entry Close Date: **Apr 13, 2026 @ 06:00 pm**

**If this is your first meet with the Track Database online entries:**

*(Returning Users, see below)*

Select "Register" from the menu on the left to bring you to the registration page that will allow you to register your team. On your first visit to the registration system you will need to provide all the information required. OFSAA & CISAA have restricted modification abilities as much of their information is generated automatically.

Registration now uses a username and password, the username you create must be unique and cannot be changed. This username and password can be shared between the coaching team to allow multiple coaches to do registrations for segments of the team.

When you enter team data, be sure to use an email address which is checked often as any communication with either the meet convener, or trackDatabase.com will likely be time sensitive. Using the online entry system, your entries will be emailed to you prior to the entry close date in order to allow you time to review your entries and make any changes needed. These dates are set by your convener and should be noted in your meet package.

**Returning Users:**

Select "Login" from the menu on the left and use the username and password from your previous meet(s).

**Joining a Meet:**

To join a new meet, select "Join Meet" from the left menu. You will be prompted to enter the meet code provided by the convener. After entering this code and clicking the join meet button you will be added to the meet and it will now appear on your meet homepage.

**Adding your entries:**

The sign-up for relays is located under the "Athlete" heading. Select "Relay Entries" to access to those events. It is automatically added to your entries list. Registering athletes for relays is done here as well.

For all other events, you can select them in the edit view for each athlete, check the box beside the event to register for it, clicking submit at the bottom of the page will save the data entered. Seed times may optionally be entered for running events in the box provided.

**Copy Entries:**

After choosing the meet to edit, click the "copy entries" button, located at the top of the entries listing. This will bring up a form to select the meet you would like to copy the entries from. After selecting the source meet, a listing of all the athletes and entries from your team will come up, click the box beside the entries you would like to copy and click copy entries. The system will alert you if any of the copied entries are for events that do not match the current meet, or would violate entry limits.